

DATE 03/01/2016
 NAME BEACH, SOLANA
 LAST, FIRST MIDDLE
 ID# HF96530710 HOSPITAL OF DELIVERY Hospital for Mothers and Newborns
 NEWBORN'S PHYSICIAN Dr Pedi Atrition REFERRED BY
 PRIMARY PROVIDER/GROUP Meditouch Family Practice
 FINAL EDD 03/01/2016 ADDRESS 100 N Rios, SOLANA BEACH, CA 92075

BIRTH DATE 01/01/1980	AGE 36	RACE White	MARITAL STATUS Married	ADDRESS 100 N RIOS
OCCUPATION	EDUCATION			ZIP 92075 PHONE (858)555-5555 (H) (W)
LANGUAGE EN	ETHNICITY Not Hispanic or Latino			INSURANCE CARRIER/MEDICAID # Major Medical HMO
HUSBAND/PARTNER Oceano Beach	PHONE 8585555555			POLICY # MMH123456
FATHER OF BABY Oceano Beach	PHONE 8585555555			EMERGENCY CONTACT PHONE
TOTAL PREG 2	FULL TERM 2	PREMATURE	AB INDUCED	AB SPONTANEOUS
ECTOPICS				
MULTIPLE BIRTHS				
LIVING 2				

MENSTRUAL HISTORY

LMP 6/2/15	Definite	MENSES MONTHLY Yes	FREQUENCY : 28 Q Days	MENARCHE 13 (AGE ONSET)
PRIOR MENSES 5/05/2015		ON BCP AT CONCEPT No		7/1/15 hCG +

PAST PREGNANCIES (LAST 6)

DATE	GA WKS	LABOR HOURS	BIRTH WEIGHT	SEX	DELIVERY TYPE	ANES.	PLACE OF DELIVERY	PRETERM LABOR	COMMENTS
1/30/2012	40	15	7 lbs 1 oz	M	Vaginal	Epidural	Hospital	No	40.5 ga, induced due to postte+
3/01/2016	39	12	7 lbs 3 oz	M	Vaginal	None	Hospital	No	

MEDICAL HISTORY

DENIES	REPORTS	PROVIDER/HOSPITAL
Abnormal cervical Papanicolaou smear, Abnormal uterine bleeding, Abortion, Anemia, Antepartum hemorrhage, Asthma, Breast Ca, Breast problem, CAD, Cancer, Depression, Diabetes, Eclampsia, Ectopic pregnancy, GERD, HIV, Headache, Hepatitis, Hypertension, IUCD present, Infertility - female, MI, Maternal	Contraceptive usage Normal delivery Pregnancy	

SURGICAL HISTORY

DENIES	REPORTS	PROVIDER/HOSPITAL
The patient has no surgical history		

ACTIVE ALLERGY HISTORY

ALLERGEN	ONSET	SYMPTOMS	ALLERGEN	ONSET	SYMPTOMS
NO KNOWN ALLERGY					
The patient has no known Aller+					

SOCIAL HISTORY

		STATUS	LAST USED	USAGE PRE-PREG	USAGE PREG	PACKAGING	COUNSELED BY	DATE
TOBACCO	CIGARETTES	Never smoked				Packs		
ALCOHOL	BEER	Social	05/29/2015	1	1	Glass		07/29/2015
	WINE	Social	05/29/2015	1		Glass		
	LIQUOR	Social	05/29/2015	1		Drink		
ILLICIT/REC. DRUGS								

GENETIC HISTORY

1. PATIENT'S AGE >= 35 YRS AS OF EDD	Yes	11. MUSCULAR DYSTROPHY	No
2. THALASSEMIA	No	12. CYSTIC FIBROSIS	No
3. NEURAL TUBE DEFECT	No	13. HUNTINGTON'S CHOREA	No
4. CONGENITAL HEART DEFECT	No	14. MENTAL RETARDATION/AUTISM	No
5. DOWN SYNDROME	No	15. OTHER INHERITED GENETIC DISORDER	No
6. TAY-SACHS	No	16. MATERNAL METABOLIC DISORDER	No
7. CANAVIAN DISEASE	No	17. PATIENT OR BABY'S FATHER HAD CHILD WITH BIRTH DEFECT NOT LISTED ABOVE	No
8. FAMILIAL DYSAUTONOMIA	No	18. RECURRENT PREGNANCY LOSS, OR A STILLBIRTH	No
9. SICKLE CELL DISEASE OR TRAIT	No	19. MEDICATIONS (INCLUDING SUPPLEMENTS, VITAMINS, HERBS, OTC DRUGS, DRUGS/ALCOHOL SINCE LMP)	No
10. HEMOPHILIA	No		

INFECTION HISTORY

1. LIVE WITH SOMEONE W/ TB OR EXPOSED TO TB	No	4. HEPATITIS B, C	No
2. PATIENT OR PARTNER HAS HISTORY OF GENITAL HERPES	No	5. HISTORY OF STD, GONORRHEA, CHLAMYDIA, HPV,HIV,SYPHILIS	No
3. RASH OR VIRAL ILLNESS SINCE LMP	No		

INITIAL PHYSICAL EXAM

DATE: 07/28/2015

WEIGHT: 135 lbs

HEIGHT: 5'4"

BMI: 23.2

BLOOD PRESSURE: 110/70

1. HEENT	Normal		12. VULVA	Normal	
2. FUNDI	Normal		13. VAGINA	Normal	
3. TEETH	Normal		14. CERVIX	Normal	
4. THYROID	Normal		15. UTERUS SIZE	8 Weeks	
5. BREASTS	Normal		16. ADNEXA	Normal	
6. LUNGS	Normal		17. RECTUM	Normal	
7. HEART	Normal		18. DIAG CONJUGATE	Reached 11.5 cm	
8. ABDOMEN	Normal		19. SPINES	Average	
9. EXTREMITIES	Normal		20. SACRUM	Concave	
10. SKIN	Normal		21. SUBPUBIC ARCH	Normal	
11. LYMPH NODES	Normal		22. GYN PELVIC TYPE	Yes	

EXAM BY: JOHNSON, JACK

07/28/2015

ACTIVE PROBLEMS		ACTIVE MEDICATIONS	
DIAGNOSIS	ONSET	MEDICATION	START
64800 Diabetes mellitus in mother complicating pregnancy	07/29/2015	There are no known medications	

EDD CONFIRMATION					18-20 WEEK EDD UPDATE				
LMP	06/02/2015	=	=	EDD 03/08/2016	QUICKENING	10/03/2015	=	=	EDD 03/08/2016
INITIAL EXAM	07/28/2015	=	8/0 W/D	= EDD 03/08/2016	FUND. HT/ AT UMBIL	10/20/2015	=	20 W/D	= EDD 03/08/2016
ULTRASOUND	07/28/2015	=	8/0 W/D	= EDD 03/08/2016	ULTRASOUND	08/25/2015	=	12/0 W/D	= EDD 03/08/2016
INITIAL EDD	03/08/2016	INITIALED BY Practitioner, Nurse			FINAL EDD	03/01/2016	INITIALED BY JOHNSON, JACK		

PREPREGNANCY WEIGHT 135.00 lbs

OBSERVATIONS																		
	Weeks Gestation	Fundal Height (CM)	Presentation	FHR	Fetal Movement	Preterm Labor Signs/Sym.	Cervix Exam (Dil)	Cervix Exam (Eff)	Cervix Exam (Sta)	Ultrasound Length	Blood Pressure	Weight	Urine (Protein)	Urine (Glucose)	Edema	Pain Scale	Next Appointment	Provider Initials
07/28/2015	8 W 0 D			150		0				1.50	110/70	135.00	0	0	+0	0	08/25/2015	JJ
08/25/2015	12 W 0 D	12.00		140		0					112/72	135.00			+0	0	09/22/2015	JJ
09/22/2015	16 W 0 D	16.00		154		0					100/64	140.00			+0	0	10/20/2015	JJ
10/20/2015	20 W 0 D	20.00		150	+	0					112/70	145.00			+0	0	11/17/2015	JJ
11/17/2015	24 W 0 D	24.00		148	+	0					120/80	147.00			+0	0	12/15/2015	JJ
12/15/2015	28 W 0 D	28.00		156	+	0					122/76	150.00			+0	0	12/29/2015	JJ
12/29/2015	30 W 0 D	30.00		144	+	0					108/68	152.00			+0	0	01/12/2016	JJ
	gdm diet controlled - fasting bs 90s, postprandial bs 110s																	
01/12/2016	32 W 0 D	32.00		150	+	0					114/72	155.00			+0	0	01/26/2016	JJ
	gdm diet controlled, fasting bs 90-100, postprandial 100-110																	
01/26/2016	34 W 0 D	34.00		145	+	0					118/78	156.00			+0	0	02/09/2016	JJ
	gdm diet controlled, fasting 80-100, postprandial 110-130																	
02/09/2016	36 W 0 D	36.00		155	+	0					112/70	159.00			+0	0	02/16/2016	JJ
	gdm diet controlled, fasting 80-90, postprandial 95-110																	
02/16/2016	37 W 0 D	36.00	VTX	148	+	0	1.00	10%			120/80	160.00			+0	0	02/23/2016	JJ
	gdm diet controlled, fasting 80-90, postprandial 100-120, 36 wk fetal u/s aga, afi 21, nst normal, bpp 10																	
02/23/2016	38 W 0 D	37.00	VTX	150	+	0	2.00	40%	-4		130/80	162.00			+1	0	03/01/2016	JJ
	gdm diet controlled, fasting 90-110, postprandial 120-140																	

PATIENT EDUCATION

FIRST TRIMESTER		
	PROVIDER	COMPLETED
HIV AND OTHER ROUTINE PRENATAL TESTS	JOHNSON, JACK	07/28/2015
RISK FACTORS IDENTIFIED BY PRENATAL HISTORY	JOHNSON, JACK	07/28/2015
ANTICIPATED COURSE OF PRENATAL CARE	JOHNSON, JACK	07/28/2015
NUTRITION AND WEIGHT GAIN COUNSELING; SPECIAL DIET	JOHNSON, JACK	07/28/2015
TOXOPLASMOSIS PRECAUTIONS (CATS/RAW MEAT)	JOHNSON, JACK	07/28/2015
SEXUAL ACTIVITY	JOHNSON, JACK	07/28/2015
EXERCISE	JOHNSON, JACK	07/28/2015
INFLUENZA VACCINE	JOHNSON, JACK	07/28/2015
SMOKING COUNSELING	JOHNSON, JACK	07/28/2015
ENVIRONMENTAL/WORK HAZARDS	JOHNSON, JACK	07/28/2015
TRAVEL	JOHNSON, JACK	07/28/2015
TOBACCO (ASK, ADVICE, ASSESS, ASSIST, AND ARRANGE)	JOHNSON, JACK	07/28/2015
ALCOHOL	JOHNSON, JACK	07/28/2015
ILLICIT/RECREATIONAL DRUGS	JOHNSON, JACK	07/28/2015
USE OF ANY MEDICATIONS (INCLUDING SUPPLEMENTS, VITAMINS, HERBS, OR OTC DRUGS)	JOHNSON, JACK	07/28/2015
INDICATIONS FOR ULTRASOUND	JOHNSON, JACK	07/28/2015
DOMESTIC VIOLENCE	JOHNSON, JACK	07/28/2015
SEAT BELT USE	JOHNSON, JACK	07/28/2015
CHILDBIRTH CLASSES/HOSPITAL FACILITIES	JOHNSON, JACK	07/28/2015
SECOND TRIMESTER		
SIGNS AND SYMPTOMS OF PRETERM LABOR	JOHNSON, JACK	09/22/2015
ABNORMAL LAB VALUES	JOHNSON, JACK	09/22/2015
INFLUENZA VACCINE	JOHNSON, JACK	09/22/2015
SELECTING A NEW BORN CARE PROVIDER	JOHNSON, JACK	09/22/2015
SMOKING COUNSELING	JOHNSON, JACK	09/22/2015
DOMESTIC VIOLENCE	JOHNSON, JACK	09/22/2015
POSTPARTUM FAMILY PLANNING/TUBAL STERILIZATION	JOHNSON, JACK	09/22/2015
THIRD TRIMESTER		
ANESTHESIA/ANALGESIA PLANS	JOHNSON, JACK	12/15/2015
FETAL MOVEMENT MONITORING	JOHNSON, JACK	12/15/2015
LABOR SIGNS	JOHNSON, JACK	12/15/2015
VBAC COUNSELING	JOHNSON, JACK	12/15/2015
SIGNS & SYMPTOMS OF PREGNANCY-INDUCED HYPERTENSION	JOHNSON, JACK	12/15/2015
POSTTERM COUNSELING	JOHNSON, JACK	12/15/2015
CIRCUMCISION	JOHNSON, JACK	12/15/2015
BREAST OR BOTTLE FEEDING	JOHNSON, JACK	12/15/2015
POSTPARTUM DEPRESSION	JOHNSON, JACK	12/15/2015
INFLUENZA VACCINE	JOHNSON, JACK	12/15/2015
SMOKING COUNSELING	JOHNSON, JACK	12/15/2015
DOMESTIC VIOLENCE	JOHNSON, JACK	12/15/2015
NEWBORN EDUCATION (SCREENING, JAUNDICE, SIDS, CAR SEAT)	JOHNSON, JACK	12/15/2015
FAMILY MEDICAL LEAVE OR DISABILITY FORMS	JOHNSON, JACK	12/15/2015

LAB RESULTS

INITIAL LABS	DATE	RESULTS	COMMENTS
BLOOD TYPE	07/28/2015	A	
D (Rh) TYPE	07/28/2015	Positive	
ANTIBODY SCREEN	07/28/2015	Negative	
HCT/HGB/MCV	07/28/2015	37 % 11 g/dL	
PAP TEST	07/28/2015	Normal	
VARICELLA	07/28/2015	IMMUNE	
RUBELLA	07/28/2015	IMMUNE	
RPR	07/28/2015	NON-REACTIVE	
URINE CULTURE/SCREEN	07/28/2015	Normal	
HBsAg	07/28/2015	Negative	
HIV COUNSELING/TESTING	07/28/2015	Negative	
TSH			
OPTIONAL LABS	DATE	RESULTS	COMMENTS
HEMOGLOBIN ELECTROPHORESIS			
PPD			
CHLAMYDIA	07/28/2015	Negative	
GONORRHEA	07/28/2015	Negative	
CYSTIC FIBROSIS			
TAY-SACHS			
FAMILIAL DYSAUTONOMIA			
HEMOGLOBIN			
GENETIC SCREENING TESTS	08/19/2015	Normal	
OTHER			
8-20 WEEK LABS	DATE	RESULTS	COMMENTS
ULTRASOUND	08/25/2015	Normal	
1 ST TRIMESTER ANEUPLOIDY RISK ASSESSMENT	08/19/2015	Negative	
MSAFP/MULTIPLE MARKERS	08/19/2015	Negative	
2 ND TRIMESTER SERUM SCREENING	10/05/2015	Negative	
AMNIO/CVS			
KARYOTYPE			
AMNIOTIC FLUID			
ANTI-D IMMUNE GLOBULIN (RHIG)			
URINE CULTURE/SCREEN			
24-28 WEEK LABS (WHEN INDICATED)			
HCT/HGB/MCV	11/25/2015	35 % 11 g/dL	
DIABETES SCREEN	11/17/2015	154	
GTT (IF SCREEN ABNORMAL)	11/25/2015	110	
	1 HOUR	200	
	2 HOUR	170	
	3 HOUR	138	
D (Rh) ANTIBODY SCREEN			
ANTI-D IMMUNE GLOBULIN (RhIG) GIVEN 28 WEEKS OR GREATER			
URINE CULTURE/SCREEN	11/17/2015	Normal	

